

# 2015 Northern Alberta Coaching Clinic

Dates: October 12-16 – Coaching Clinic  
 October 17-18 – Coaching Evaluations Separate Registration to AEF required

Location: Sandridge Stables, 22335 Township Road 520, Sherwood Park, AB

Contact: Tricia Dahms – 780-271-2106  
 Sandridge Stables – [tricia@sandridgestables.ca](mailto:tricia@sandridgestables.ca)

Coaching Clinic Facilitators: Tricia Dahms: Coach-Eventing Level 3, Rider Level Evaluator 1-8  
 Lorraine Hill: Coach-Dressage Level 2, Mentor, Evaluator-IOB, LF-High Performance, MLF-English Competition Coach Specialist

Coaching Evaluators: Kathy Playdon  
 Trish Mrakawa

## Program Overview

NCCP Coaching Certification	Preparation Practice
Review of the NCCP Model and Long Term Equestrian Development	Core Competencies Specific Coaching Outcomes Long Term Equestrian Development
Equine Canada Rider Level Testing Levels 1-8	Test for Prerequisite Rider Levels
Mentoring	Obtain mentoring hours Develop mentoring relationships
Writing a Lesson Plan Planning Schooling Sessions	Structure and organize schooling sessions Logistics of lesson environment Identify parts of a Lesson Plan Create appropriate actions/exercises to facilitate skill development Preparing an Emergency Action Plan Safety of the Lesson Environment
Practical Teaching experience	Implement exercises Specific Corrections and effectiveness Practice teaching Refining the Lesson Plan based on lesson outcomes
Analyzing Performance	Detect and correct errors in rider skills Detect and plan for omissions/errors in horse training Corrections of poor habits The power of praise and praise poorly used
Designing a Sports Program and Competition Simulation Training	Seasonal Practice Planning accounting for available competition and training opportunities Seasonal priorities and administrative mechanisms Overall development of horse and rider goals Horse and rider progress, recordkeeping and measurements

## **2015 Northern Alberta Coaching Clinic Registration Form**

Participant Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_ AEF #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Registration & Stabling Payment Total: \$ \_\_\_\_\_

Credit Card: \_\_\_\_\_ Exp. Date \_\_\_\_\_ Type: \_\_\_\_\_ CVV: \_\_\_\_\_

**\*\*I hereby authorize my credit card to be charged for the registration payment total noted above:**

Do you currently hold any rider levels? (Must be able to produce certificate) Yes/No

Riding Ability: Please check

- Novice – Walk,trot,canter,2'6" jumps
- Intermediate – Basic Level Dressage, 2'9 jumps
- Competitive - Experience at Provincial or Bronze Level shows or Eventing up to Training Level
- National Show or Competition – Experience at Gold or above shows or Eventing at Prelim or above

Have you ever done a rider test before? Yes/No I need to test Rider Level \_\_\_\_\_

Are you Challenging a Rider Level? Yes/No Which one? \_\_\_\_\_

Do you require a lease horse for the rider level or exam? Yes/No

Please indicate area of the equine industry that you are most interested in:

Why do you teach/want to teach? \_\_\_\_\_

What kind of teaching are you most interested in? Please number 1-3 in order of personal importance

Learn To Ride: \_\_\_\_\_ Competitive \_\_\_\_\_ Therapeutic \_\_\_\_\_

Will you be bringing your own horse? Yes/No

Do you require stabling (very limited) Yes/No Stabling cost \$30/night \_\_\_\_\_

Scheduling and Costs:

\$475.00 plus GST

\$25.00 discount for AEF members, 4H, Pony Club and Sandridge clients

8:00 am – 3:30 pm Oct 12 – 16<sup>th</sup>

Coaching Clinic Registrations are to be sent to:

Sandridge Stables: 22335 Township Road 520  
Sherwood Park, AB  
T8C 1E2  
780-271-2106  
[tricia@sandridgestables.ca](mailto:tricia@sandridgestables.ca)

**Please note registrations for Coaching Evaluation Oct 17/18 MUST be sent directly to Alberta Equestrian Federation at:**

Suite 100, 251 Midpark Blvd SE  
Calgary, Alberta T2X 1S3  
• Phone: 403-253-4411  
• Toll Free: 1-877-463-6233  
• Fax: 403-252-5260

[coaching@albertaequestrian.com](mailto:coaching@albertaequestrian.com)

**Also please note Making Ethical Decisions MUST completed before participating in the Coaching Evaluation**