

Northern Alberta Learn To Coach Clinic

Date: October 18-21, 2016
Location: Sandridge Stables, Sherwood Park, AB
Introduction: Coaching Camp
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- The coaching camp is an intensive, fun week of coaching development covering the outcomes required by the Coaching Association of Canada and Equine Canada for certification. Get ready for your evaluation by participating in, observing and teaching riders of a variety of backgrounds and levels as well as riding preparation for exams.
- This clinic is an excellent preparation for the Coaching Evaluations and you will have opportunities to plan and deliver lessons in the required format with feedback to improve your lesson structure and content.

Some of the topics covered will be:

- Long Term Equestrian Development
- Lesson Planning
- Analyzing Performance
- Design a Sports Program
- Provide Support To Athletes in Training
- Sports Psychology
- Manage Aspects of a Sports Program
- Support the Competitive Experience

Whether you are a seasoned coach or just beginning there is something for everyone.

Coaching Camp and Mentorship

The coaching camps are full day sessions of coaching development covering the outcomes required by Equine Canada and the National Coaching Certification programs. Student riders are provided. Horses available for lease if desired.

LTAD and EAP	What is Long Term Equestrian Development? Design an emergency action plan (EAP)
Plan a Schooling Session Written Lesson Plans	Identify appropriate logistics for lesson/schooling session Identify appropriate activities in each part of a

	structured lesson plan
Provide Support to Athletes in Training	Teaching and Learning in the Equestrian Environment Ensure lesson environments are safe. Teach an appropriately structured and organized schooling session/ lesson. Demonstrate teaching behaviours/interventions that promote learning.
Analyzing Performance	Detect errors horse/rider skills. Correct errors in rider/horse skills. Observed during lessons
Design a Sports Program	Outline program structure based on available training and competition opportunities Identify program measures to promote rider/horse development Develop practice plans that integrate seasonal training priorities
Managing a Sport Program	Manage administrative aspects of program and oversees logistics Report on athlete progress throughout program Helping you & your riders to set goals
Competition Coaching Support	Supporting the Athlete in the Competitive Environment Prepare for readiness in competition Make effective interventions during and after the competition
Evaluations and Assessment for Instructors and Competition Coach scheduled for Oct 22-23 at Carousel Ridge Stables nearby	

Registrations for the Coaching Evaluation are separate and additional to the Teaching Clinic. You can register directly for the Evaluation even if you are not doing the Teaching Clinic.

To Register for the Teaching Clinic, please contact [Sandridge Stables](#) directly at the email address above. \$300.00. Registration deadline is Oct 5th.

To register for the Coaching Evaluations you need to contact:

Erin Lundteigen, Coaching Administrator
Alberta Equestrian Federation
coaching@albertaequestrian.com

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Calgary Alberta, T2X 1S3
Phone: 403-253-4411

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